



Sample Garden Class Activities

Here we have grouped some simple ideas that may inspire garden specialists. Groups rotate through activities, so all groups have the chance to become competent in all aspects of the garden work. In a garden class of 45 minutes, a single group might undertake three or even four activities. Over time these activities will be evaluated, adapted, built on, added to – and the resource will grow as garden teachers write up their successful lessons and activities to share with others. We look forward to receiving feedback and new contributions via our website from all of the specialists and classroom teachers involved in the Kitchen Garden program.

Working with seeds

Sowing seeds

The smallest seed and the biggest seed

Pricking out seedlings

Raising seedlings

Thinning seedlings

Making seed sprouts

Direct sowing of seed versus seeds in plant pots

Cleaning seeds

Saving seed for future planting

Getting to know plants

Life cycle of a plant

Parts of a plant

Heirloom plants are what exactly?
Supporting growing plants (stakes, teepees, string, trellis)
Plant families
What plant is this?
What is a weed?
Growing plants from cuttings
Good companions in the garden
Chopping plants for compost
Pulling up plants that have finished producing
How many varieties of tomatoes do we grow?
How many different varieties of potato do we grow?
How many different types of salad greens do we grow?
Seasonality of plants

Caring for the soil

Making compost
Making 'moo poo tea'
Testing the soil to see how much water it will hold
Making a spray from garlic and soap for garden pests
Our friends the worms
Importance of crop rotation
How to mulch
How to use water in the garden

Fun in the garden

Treasure hunts
Making scarecrows
Making herb posies
Collecting eggs from the chickens
Making strings of chillies
Wheelbarrow licence tests
Making signs – 'carrot seeds here – please keep off!'

Drying herb bunches for Winter

Worm Olympics

Harvest-time

Is this ripe?

Is this ready?

Harvesting salad greens

Harvesting root vegetables

Harvesting other fruits and vegetables

Washing and trimming of harvested food

Collecting a harvest basket for the kitchen

See also 'Heidi's Garden Themes & Activities' in *Kitchen Garden Cooking with Kids*